

THE WHOLE BOOK - FOR TEAMS, BOOK CLUBS, AND COHORTS

Discussion Guide

Questions for reading this book together, one Part at a time.

Use this Part by Part as you read, or all at once for a single deep discussion.

M MEET (Chapters 1-3)

1. What was your honest reaction to being told AI is a mirror, not a mind?
2. Which of the Five Lies had you, or someone in this room, believed at some point?
3. Where would each of you place yourself on the Where You Stand Today scale?

I/R INQUIRE & RECHECK (Chapters 4-6)

1. Pick one real task. As a group, build an RCTF prompt for it together.
2. Share a time AI gave someone a confidently wrong answer. What would SIFT have caught?
3. Where does context-sharing break down most in how your team actually works?

R REDESIGN (Chapters 7-9)

1. How many separate AI tools is the team currently using?
2. Is your organization's AI use still Closed Book, or has it reached Open Book or Colleague Who Can Act?
3. Pick one shared workflow and MAP it together. What surprised the group?

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O OWN (Chapters 10-12)

1. Discuss a recent decision where AI played a real role. Run it through CORE as a group.
2. Where does the line sit, specifically for your team, between helpful and harmful offloading?
3. Has anyone had a TRUST near-miss, something they almost pasted that they shouldn't have?

R RISE (Chapters 13-15)

1. What would an honest Five-Sentence Script sound like from your own leadership right now?
2. Score your team together on the four Mind-FIRST outcomes. Where is the biggest gap?
3. What would it take for this team to build the 15-Minute Weekly Habit together?

To Close the Discussion

What is one belief this group is walking out having changed?

What is one thing this team will do differently as a result?

Who is responsible for following up in thirty days?

A note for facilitators

You do not need to cover every question. A genuinely honest conversation about three questions beats a rushed conversation about fifteen.